

Jill J. Dombrowski, PhD, RN
Clinical Assistant Professor, Conway School of Nursing
The Catholic University of America

PROFESSIONAL ADDRESS:

The Catholic University of America
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EDUCATION

2006	The Catholic University of America Doctor of Philosophy (Nursing)
2003	The Catholic University of America Master of Science (Nursing)
1989	The American University Master of Science (Health/Fitness Management)
1983	Georgetown University Bachelor of Science (Nursing) Summa Cum Laude

EMPLOYMENT

Academic Positions

2019-present	The Catholic University of America Washington, DC	Clinical Assistant Professor Part-time Conway School of Nursing
2012-2019	The Catholic University of America Washington, DC	Clinical Assistant Professor Conway School of Nursing
2006-2012	The Catholic University of America Washington, DC	Adjunct Asst. Professor School of Nursing
2004-2005	The American University Washington, DC	Adjunct Faculty Department of Health/Fitness
1993-1995	John Tyler Community College Richmond, VA	Adjunct Faculty Health Science
1991-1993	Quinnipiac College Hamden, CT	Lecturer/ Clinical Instructor Dept. of Nursing

Clinical Positions

1989-1991	Aetna Life & Casualty Middletown, CT	Staff Nurse & Health Promotion Instructor Employee Health Services
1983-1989	Georgetown University Hospital Washington, DC	Staff nurse, charge nurse, preceptor Emergency Dept. (1985-1989) Medical Intensive Care (1983-1985)
1986	National Institutes of Health Bethesda, MD	per diem staff nurse Occupational Health Unit

Management Positions

2004-2024	The Washington Pain Center Washington, DC	Business Manager
1995-1997	Office-based Anesthesia Services	Vice-President & Business Manager

PUBLICATIONS

Childress, J. & Dombrowski, J.J. (2023). National and State Initiatives to Promote Health and Well Being. In A. Snelling (Ed.), *Introduction to Health Promotion*. Jossey-Bass.

Moore, J., Goodman, P., Selway, J., Hawkins-Walsh, E., Merritt, J., Dombrowski, J. (2017). SBIRT Education for Nurse Practitioner Students: Integration Into an MSN Program. *Journal of Nursing Education*, 56(12):725-732. <https://doi.org/10.3928/01484834-20171120-04>

Dombrowski, J.J., Snelling, A.M., & Kalicki, M. (2014). Health promotion overview: Evidence-based strategies for occupational health nursing practice. *Workplace Health & Safety*, 62 (8), 342-349.

Childress, J. & Dombrowski, J.J. (2014). National and State Initiatives to Promote Health and Well Being. In A. Snelling (Ed.), *Introduction to Health Promotion*. Jossey-Bass.

Dombrowski, J.J. (2011). Barriers to physical activity among working mothers. *AAOHN Journal*, 59 (4), 161-167.

Dombrowski, J.J. (2006). *The relationship of self-efficacy, time management behavior, interrole conflict, and number and ages of children in the household to physical activity in working mothers* (Doctoral dissertation). Retrieved from Dissertations and Theses @ Catholic University of America – WRLC. (UMI no. 3198177)

PRESENTATIONS

Loera, S. M., Dombrowski, J. J., Selzer, C., & Caulfield, E. (2025). *Lighting the way: Cultivating the next generation of nursing faculty through a mentorship program* [Abstract]. Poster accepted for presentation at the [36th Sigma Theta Tau International Nursing Research Congress 2025], [17-20 July, 2025 Seattle, WA].

Dombrowski, J.J. (2018, October 27). *Health Promotion Overview: The Role of the Occupational Health Nurse in Planning and Implementing Workplace Health Promotion Programs*. Presentation at Johns Hopkins Schools of Public Health and Nursing for “Overview of Occupational Health Nursing” Conference to prepare attendees for certification examination.

Dombrowski, J.J. (2011, May 18). *Health Promotion Overview for Occupational Health Nurses: Planning and Implementing Workplace Health Promotion*. Continuing Education lecture conducted at a meeting of the Metropolitan Washington Association of Occupational Health Nurses.

RESEARCH/GRANTS

2020 The Lived Experience of University Nursing Students During the 2020 COVID-19 Pandemic
Role: Research Team member

2015-2016 Irene Pollin Women’s Heart Health Research Collaborative.
Center for the Promotion of Health and Mental Health Well-being (CPHMHWB) at the National Catholic School of Social Service, The Catholic University of America
Role: School of Nursing Faculty member

2014-2017 Grant No: 1U79TI025411-01
Funding: SAMHSA \$931,203
Launching SBIRT (Screening, Brief Intervention, Referral for Treatment) into the Community: A Multidisciplinary Approach
Role: Associate Investigator

2014 NINR grant proposal submitted October, 2014, Community Partnerships to Advance Research R15 proposal entitled, “Vive Sana: A Multidisciplinary, Community-based, Healthy Weight Maintenance Program”. Co-investigator with Elizabeth Cotter, PhD, American University: unfunded March, 2015

PROFESSIONAL ACTIVITIES AND SERVICES

Conway School of Nursing (CSON) Summer Camp, Co-Coordinator (July, 2024-present)

CSON Emergency Management Sub-group (AY 2024-present)

CSON Mentorship Team (SP 2024-present)

CSON Faculty-Staff Wellness Committee Chair (2023-2024); Co-Chair (2024-present)
CSON Social Committee Co-Chair & Treasurer (2017-present)

CUA Student Wellness Committee: Representative from CSON (2022-present)

Cardinal Red Cross, The Catholic University of America: Faculty Adviser (2020-present)

Campus Wellness Committee, The Catholic University of America
Co-founder, Chair (2013-2016), Vice-Chair (2012-2013), Secretary/ Liaison Officer (2006-2012),
Liaison Officer (2016-2019)

Baccalaureate Curriculum Committee, Conway School of Nursing, The Catholic University of America,
(member, 2006-present)

American Association of Occupational Health Nurses (member 2008-present),
Co-chair of Education Committee of Metropolitan Washington chapter (2010-2020 and 2022-present)

Washington Area Wellness Coalition (WAWC), co-founder (2011-present)

Sigma Theta Tau International; Tau and Kappa chapters (member, 1983-present)

Society for Public Health Education (member, 2007-2018)

AWARDS and HONORS

2020 CUA Faculty Feature on Instagram
Student-nominated. CatholicU Admission (@cuaadmission) Instagram photos
and videos

2006 Dean's Award for Excellence in Doctoral Studies

COMMUNITY SERVICE

First aid provider: AHealthyU (American University) 5K race (November, 2024);
Run for Vocations (April, 2024); March for Life Vigil Mass (January, 2020, 2022)

Church of the Little Flower, Mystical Rose Guild volunteer (2022-2024), Women's Ministry (2018-2024)

Palisades Village -- volunteer to help older adults age in place (2018-2023)

A Wider Circle – Tutor for student taking NCLEX (2022) Volunteer for client intakes (summer, 2016)
Fundraising committee (2006-2007)

Georgetown Preparatory School – parent volunteer (2010-2014)

Norwood School – parent volunteer (2008-2010)

Stone Ridge School of the Sacred Heart – parent volunteer for field trips (2000-2010)

National Presbyterian School – parent volunteer for field trips/fundraising (2000-2008)

Georgetown University Alumni Admissions Committee (1988-1999)

CERTIFICATIONS & LICENSES

First Aid, American Red Cross (11/2024)

Basic Life Support (2/2/2024)

DC RN License # RN960712