

Jill J. Dombrowski, PhD, RN
Clinical Assistant Professor, Conway School of Nursing
The Catholic University of America

PROFESSIONAL ADDRESS:

The Catholic University of America
Conway School of Nursing
620 Michigan Ave. NW
Washington, DC 20064
Email: Dombrowski@cua.edu

EDUCATION

2006	The Catholic University of America Doctor of Philosophy (Nursing)
2003	The Catholic University of America Master of Science (Nursing)
1989	The American University Master of Science (Health/Fitness Management)
1983	Georgetown University Bachelor of Science (Nursing) Summa cum laude

EMPLOYMENT

Academic Positions

2019 - present	The Catholic University of America Washington, DC	Clinical Assistant Professor Full-time; 50% Conway School of Nursing
2012 - 2019	The Catholic University of America Washington, DC	Clinical Assistant Professor Conway School of Nursing
2006 - 2012	The Catholic University of America Washington, DC	Adjunct Asst. Professor School of Nursing
2004 - 2005	The American University Washington, DC	Adjunct Faculty Department of Health/Fitness
1993 - 1995	John Tyler Community College Richmond, VA	Adjunct Faculty Health Science
1991 - 1993	Quinnipiac College Hamden, CT	Lecturer/ Clinical Instructor Dept. of Nursing

Clinical Positions

1989 - 1991	Aetna Life & Casualty Middletown, CT	Staff Nurse & Health Promotion Instructor Employee Health Services
1983 - 1989	Georgetown University Hospital Washington, DC	Staff nurse, charge nurse, preceptor Emergency Dept. (1985-1989) Medical Intensive Care (1983-1985)
1986	National Institutes of Health Bethesda, MD	per diem staff nurse Occupational Health Unit

Management Positions

2004 - 2022	The Washington Pain Center Washington, DC	Business Manager
1995 - 1997	Office-based Anesthesia Services	Vice-President & Business Manager

RESEARCH Publications

Childress, J. & Dombrowski, J.J. (2023). National and State Initiatives to Promote Health and Well Being. In A. Snelling (Ed.), *Introduction to Health Promotion*. Jossey-Bass.

Moore, J., Goodman, P., Selway, J., Hawkins-Walsh, E., Merritt, J., Dombrowski, J. (2017). SBIRT Education for Nurse Practitioner Students: Integration into an MSN Program. *Journal of Nursing Education*, 56(12):725-732. <https://doi.org/10.3928/01484834-20171120-04>

Dombrowski, J.J., Snelling, A.M., & Kalicki, M. (2014). Health promotion overview: Evidence-based strategies for occupational health nursing practice. *Workplace Health & Safety*, 62 (8), 342-349.

Childress, J. & Dombrowski, J.J. (2014). National and State Initiatives to Promote Health and Well Being. In A. Snelling (Ed.), *Introduction to Health Promotion*. Jossey-Bass.

Dombrowski, J.J. (2011). Barriers to physical activity among working mothers. *AAOHN Journal*, 59 (4), 161-167.

Dombrowski, J.J. (2006). *The relationship of self-efficacy, time management behavior, interrole conflict, and number and ages of children in the household to physical activity in working mothers* (Doctoral dissertation). Retrieved from Dissertations and Theses @ Catholic University of America – WRLC. (UMI no. 3198177)

Presentations

Dombrowski, J.J. (2025, Feb 19). *Essential Steps to Heart Health for Women*. Presentation in

collaboration with Greater Washington Region American Heart Association, at Element at Mill Creek, Annapolis, MD, for women 55 and over.

Loera, S. M., Dombrowski, J. J., Selzer, C., & Caulfield, E. (2025). *Lighting the way: Cultivating the next generation of nursing faculty through a mentorship program* [Abstract]. Poster accepted for presentation at the [36th Sigma Theta Tau International Nursing Research Congress 2025], [17-20 July, 2025 Seattle, WA].

Dombrowski, J.J. (2018, October 27). *Health Promotion Overview: The Role of the Occupational Health Nurse in Planning and Implementing Workplace Health Promotion Programs*. Presentation at Johns Hopkins Schools of Public Health and Nursing for “Overview of Occupational Health Nursing” Conference to prepare attendees for certification examination.

Dombrowski, J.J. (2011, May 18). *Health Promotion Overview for Occupational Health Nurses: Planning and Implementing Workplace Health Promotion*. Continuing Education lecture conducted at a meeting of the Metropolitan Washington Association of Occupational Health Nurses.

Grants

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|-----------|---|
| 2020 | The Lived Experience of University Nursing Students during the 2020 COVID-19 Pandemic
Role: Research Team member |
| 2015-2016 | Irene Pollin Women’s Heart Health Research Collaborative.
Center for the Promotion of Health and Mental Health Well-being (CPHMHWB) at the National Catholic School of Social Service, The Catholic University of America
Role: School of Nursing Faculty member |
| 2014-2017 | Grant No: 1U79TI025411-01
Funding: SAMHSA \$931,203
Launching SBIRT (Screening, Brief Intervention, Referral for Treatment) into the Community: A Multidisciplinary Approach
Role: Associate Investigator |
| 2014 | NINR grant proposal submitted October, 2014, Community Partnerships to Advance Research R15 proposal entitled, “Vive Sana: A Multidisciplinary, Community-based, Healthy Weight Maintenance Program”. Co-investigator with Elizabeth Cotter, PhD, American University: unfunded March, 2015 |

TEACHING: 2015- present **BSN program**

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| 2015 – present: | N254a Health & Wellness |
| 2021 Fall | N258 Health Assessment; co-instructor |
| 2020 Fall | N151 Introduction to Nursing and the Health System |
| 2017- 2019 | N257 Nutrition & Health |
| 2017- 2018 | N370, N372: Community Health, Community Health Clinical Coordinator |

MSN program

2015 - 2020 N701 Health Promotion Across the Lifespan & N701D Health Promotion
2015- 2018 N800 Capstone Research Project

Post-Graduate Certificate Program

2026 N838D Nurse Educator Fellowship: Field Experience mentor

PhD and DNP programs

2019-present N922D Doctoral Research Practicum
2015 Fall N738D Doctoral Residency
2015 Fall N730D Evidence Based Practice I

SERVICE

Service to The University

2022-present CUA Student Wellness Committee: Representative from CSON
2020-present Cardinal Red Cross, The Catholic University of America: Faculty Adviser

Service to The School

July 2024, July 2025 Conway School of Nursing (CSON) Summer Camp, Co-Coordinator
August, 2024-present CSON Emergency Management Sub-group
2024-present CSON Mentorship Team
2023-present CSON Wellness Committee, Chair
2019-2024 CSON Social Committee Co-Chair & Treasurer
2013-2019 Campus Wellness Committee, The Catholic University of America
Co-founder, Chair (2013-2016), Vice-Chair (2012-2013), Secretary/ Liaison
Officer (2006-2012), Liaison Officer (2016-2019)
2012-present Baccalaureate Curriculum Committee, Conway School of Nursing, The Catholic
University of America,

Service to The Community

Sept. 2025 Arthritis Foundation Commitment to a Cure, Gala Volunteer
2020-present First Aid Provider: AHealthyU (American University) 5K race (November, 2024);
Run for Vocations (April, 2024); March for Life Vigil Mass (January, 2020, 2022,
2026)

Church of the Little Flower, Mystical Rose Guild volunteer (2022-2024), Women's Ministry (2018-2024)

Palisades Village -- volunteer to help older adults age in place (2018-2023)

A Wider Circle – Tutor for student taking NCLEX (2022), Volunteer for client intakes (summer, 2016)
Fundraising committee (2006-2007)

Georgetown Preparatory School – parent volunteer (2010-2014)

Norwood School – parent volunteer (2008-2010)

Stone Ridge School of the Sacred Heart – parent volunteer for field trips (2000-2010)

National Presbyterian School – parent volunteer for field trips/fundraising (2000-2008)

Georgetown University Alumni Admissions Committee (1988-1999)

Service to The Profession

American Association of Occupational Health Nurses (member 2008-present),

Co-chair of Education Committee of Metropolitan Washington chapter (2010-2020 and 2022-present)

Washington Area Wellness Coalition (WAWC), co-founder (2011-present)

Sigma Theta Tau International; Tau and Kappa chapters (member, 1983-present)

Society for Public Health Education (member, 2007-2018)

AWARDS and HONORS

2025 Nominated by CSON Dean Marie Nolan for Full-Time Faculty Teaching Award

2020 CUA Faculty Feature on Instagram
Student-nominated. CatholicU Admission (@cuaadmission) Instagram photos
and videos

2006 Dean's Award for Excellence in Doctoral Studies

CERTIFICATIONS & LICENSES

First Aid, American Red Cross (11/2024)

Basic Life Support (3/1/2026)

DC RN License # RN960712